

The Hysterectomy Chronicle
An Intimate Personal Account

An intimate and personal experience of hysterectomy laid bare.

The physical, emotional and some spiritual aspects, in the form of a journal, that chronicles one woman's account of her healthcare journey and outcomes.

"With studies being carried out and questions being asked about black women's experiences of healthcare, outcomes and disparities, when I found my journal detailing my gynaecological journey, I felt it could be of value.

By adding this account into the pool of existing literature and studies, may yield information that when viewed cumulatively may highlight pertinent information. This is potentially a springboard for positive strategies and solutions, to limit or reduce any healthcare disparities, that may be identified.

Let us lift the proverbial lid on the subject, share and examine"



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VERONICA EBANKS