



The Hysterectomy Chronicle
An Intimate Personal Account

*An intimate and personal experience of
hysterectomy laid bare.*

*The physical, emotional and some spiritual aspects,
in the form of a journal, that chronicles one
woman's account of her healthcare journey and
outcomes.*

*"With studies being carried out and questions being
asked about black women's experiences of healthcare,
outcomes and disparities, when I found my journal
detailing my gynaecological journey, I felt it could be
of value.*

*By adding this account into the pool of existing
literature and studies, may yield information that
when viewed cumulatively may highlight pertinent
information. This is potentially a springboard for
positive strategies and solutions, to limit or reduce any
healthcare disparities, that may be identified.
Let us lift the proverbial lid on the subject, share and
examine"*

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